

The Big Garden Birdwatch at Hengist Field Care Home



Here at Hengist Field Care Home, we enjoyed preparing for the RSPB Big Garden Birdwatch by making some bird feeders for our feathered friends.

This was a messy job, using **peanut butter to stick bird seeds to shaped feeders**, but great fun and everyone enjoyed it. We placed the finished feeders around our gardens, in good view, to attract plenty of birds.

On Friday 27 January we **sat watching the birds who visited us and made notes of the birds we had seen** and how many, over the course of an hour.

We were delighted to spot a woodpecker, three pigeons, one robin and a crow. Our garden wasn't that busy, but we were pleased with the birds we saw and enjoyed lots of group conversation. Our residents spoke about the birds they'd seen and also different birds they had spotted when they had gone abroad on holiday.

To keep everyone going, we brought out a **hot chocolate trolley** and offered hot chocolate with squirty cream and marshmallows.

What a lovely time spent together, with plenty of **conversations and relaxation** as we looked out over our garden and fields. *Tweet tweet!*

