

## Spring sunshine at Hengist Field Care Home



**We spent a lovely morning in our garden at Hengist Field Care Home this week.**

The **sun was shining**, the **birds were singing** and our residents loved feeling the sunshine on their faces.

We had a lovely time **smelling herbs, reminiscing together** and chatting about the royal family, discussing each of the royals – William, Harry, the Queen, Charles and Camilla.

Everyone was so pleased to be outside in the fresh air and spring sunshine – *smiles all round!*