

Sensory sand at Hengist Field Care Home



Our Horsa residents at Hengist Field Care Home had some sensory fun this week, when we brought out some sand.

They enjoyed touching and playing with the sand, which is so satisfying on the fingers!

Our ladies enjoyed using **sand trucks** to make marks in the sand and some created **sand crocs and dragons**.

Such a relaxing sensory activity!



Sand provides a great sensory experience