

Sensory fun and target practice at Hengist Field Care Home



On Thursday 29 April our residents enjoyed some sensory pots and target games here in our Acorn lounge at Hengist Field Care Home.

It was a lovely afternoon, with lots of smiles and exploration as everyone enjoyed feeling the different textures inside the **sensory pots**.

Some of our residents challenged themselves with our **floor target mat**, throwing beanbags to score points, and also enjoyed our **activity cube with beads**, which is very relaxing.