

Sensory fun and cuddles at Hengist Field Care Home



Magic Table

We've enjoyed lots of fun using our Magic Table this week at Hengist Field Care Home.

Our residents love **popping bubbles**, **sweeping leaves**, **finding ladybirds**, **catching fish**, **touching the stars** and **enlarging the pretty flowers**, which are cleverly projected onto the table.

It's so relaxing, engaging and great fun!

Cuddles galore

Our ladies and gents also love our **touch-sensory toys**, which are so therapeutic and soothing. They enjoy cuddling, stroking and listening to our cuddly birds as they sing and chirp their songs.

We also have a wonderful **breathing dog** cuddly toy, which is just like the real thing! He brings such a lot of comfort to those he sits with, and enjoys being patted and loved.

Just having a cuddle with one of our cuddly toys or dolls can be calming, therapeutic and reassuring. *And more hugs means more smiles here at Hengist!*



