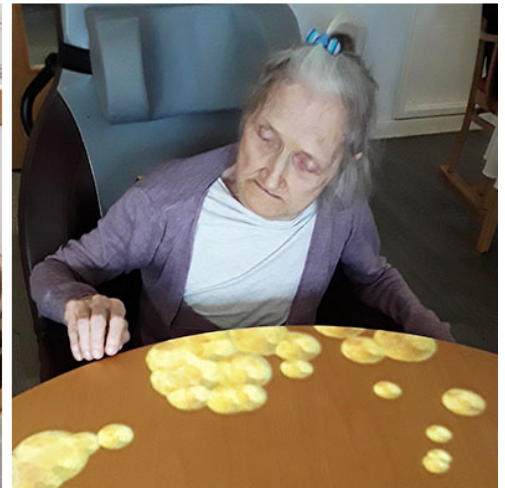


## Sensory and creative activities at Hengist Field Care Home



Having a wide range of interesting sensory activities and arts and crafts opportunities here at Hengist Field Care Home is important for our residents.

*We have a fantastic selection of sensory items on offer which stimulate and engage our ladies and gents and bring a sense of joy, fun and well-being. For touch senses we have our **latch boards**, **plasma ball** and '**Sally Heads**' for hairdressing. To stimulate our ears we enjoy **singing birds** and **sound books**. And to bring a great sense of comfort and engagement, we love both our **cuddly interactive Dementia Dogs** and **Pet Therapy Dogs** that visit our Home.*

Our arts and crafts offerings range from **mindful drawing and colouring**, **diamond art**, **salt dough crafts**, **resin art (which is always a big hit!)**, **calligraphy** and **our popular Cookery Club** – all perfect for expressing creativity either individually or as a shared experience.

*Everyone likes to pick what they enjoy doing, and as you can see, there really is something for everyone!*















