

## Pots and paints at Hengist Field Care Home



We enjoyed a lovely afternoon last week in our activities room at Hengist Field Care Home, preparing and painting flower pots as part of our 'Flower Pot Ladies' display for our gorgeous garden.

Music was playing in the background and we had a little **singalong** as residents chose their paint colours for their pots.

We had plenty of **conversation, fun and chuckles**. *What a great afternoon we all had!*