

## Living in colour at Hengist Field Care Home



Our lovely resident Winifred Webb at Hengist Field Care Home really enjoys her time colouring. Colouring is a great way to occupy your mind while exploring your creativity.

Winifred's adult colouring books are packed with intricate designs which she loves filling in; she likes to show our staff when she has completed a design.

Well done Winifred!



