

## Hengist Field Care Home residents take virtual cruise to Egypt



We had a fun-packed week here at Hengist Field Care Home on our visit to Egypt, as part of our virtual Nellsar mini cruise.

Our residents took part in Egyptian **quizzes**, learnt lots of Egyptian **trivia**, ate delicious **themed food**, and had fun with Egyptian **dressing up** in front of our fantastic wall **backdrops** which added more atmosphere.

What an exciting week we had! We are all a bit more knowledgeable now about Egypt, the Pharaohs and dynasties, Queen Cleopatra, Tutankhamun, the pyramids and hieroglyphics.

***We had a lovely Turkish menu featuring:***

*Falafel*  
*Lamb kofta*  
*Kusherie/Salata Baldi (rice and lentils/salad)*  
*Basbousa (Semolina cake)*  
*Roz Bi Laban (Rice pudding)*

*Our ladies and gents all thoroughly enjoyed the cruise and are already looking forward to our next virtual destination, which is Japan next month.*

