

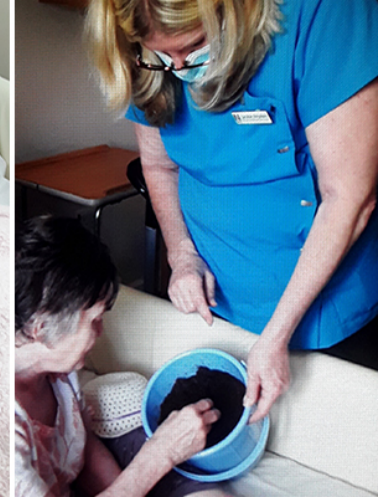
Hengist Field Care Home residents enjoy planting flower seeds



Here at Hengist Field Care Home we had a lovely afternoon on Friday, planting some flower seeds in brightly coloured pots.

We had a mixture of seeds – *Allium Moly*, *Peacock Orchids*, *Poppies*, *Sweet Peas*, *Forget Me Nots*, *Sunflowers*, *Lucky Clover* and more!

Our residents chose the seeds that they wanted to plant, and thoroughly enjoyed getting involved. Everyone is looking forward to seeing them grow into a wonderful **display of colour**.



Great work team!