

## Hengist Field Care Home residents and staff enjoy a sunny morning stroll



**As the weather was so gorgeous on the morning of Tuesday 15 August, we took some of our Hengist Field Care Home residents for a lovely stroll up to the large pond just beyond our car park.**

It was so lovely to take in the fresh air as we all chatted together. We looked at the **frogs and fish** in the pond and smelt and picked some of the **flowers and herbs** along the way.

Such a gorgeous summer morning – *here's to many more!*



