

## Happy St David's Day at Hengist Field Care Home



## **Daffodil gifts**

Staff and residents at Hengist Field Care Home in Sittingbourne wished a "Happy St David's Day" to all on Monday 1 March. Everyone received a delightful bunch of daffodils – bringing in some springtime sunshine and lots of smiles to our faces!

## Leeks and laughter

We had great fun making and painting 'leeks' in an afternoon arts and crafts session. There was lots of laughter and Welsh-themed chatter while we worked; we had music playing in the background – Welsh singers of course – including Tom Jones and Shirley Bassey.