

## Comedy Sunday at Hengist Field Care Home



**They say 'laughter is the best form of medicine' and on Sunday 17 January our residents at Hengist Field Care Home had a good dose!**

There was laughter all around as we hosted '*Stand up Comedy Sunday*' for everyone, with Micheal McIntyre as the star of the show!

Lots of giggles were had by all and it was fantastic to see everyone smiling and enjoying themselves as they watched the comedy on television – *a very happy Sunday at Hengist!*