

## **Hengist Field Care Home**

## Chinese writing and fish tank fun at Hengist Field Care Home



Last week we enjoyed a lovely afternoon in our Activities Room here at Hengist Field Care Home, in celebration of the Chinese New Year.

We had relaxing **Chinese music** playing softly in the background while everyone was laughing and having great fun writing their **names in Chinese**. A brilliant afternoon with lots of banter, chatting and giggles.

Our residents get so much joy out of our **newly refurbished fish tank** and we've recently added some new fish – **Plecos, Tetras, Mollies and Guppies** - plus some colourful new plants which look great!

Our ladies and gents say it's very **therapeutic** and **calming** to watch the fish and the tank makes such a lovely feature in our **Home**.



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Our newly refreshed fish tank!