

Baking for World Alzheimers Month at Hengist Field Care Home



On Thursday 15 September we held a Cookery Club session to bake for World Alzheimers Month here at Hengist Field Care Home.

We made, cooked and decorated **pop cakes** and **mini doughnuts**, (using our 3-in-1 American sweet treat maker!) all decorated with blue icing, sprinkles and a little sugar for our mini doughnuts – as most of us have a bit of a sweet tooth! We also decorated **shortbread cookies**.

There was plenty of group **conversation**, intense **concentration** while decorating, **fun**, **giggles**, and of course plenty of **tasting** going on!

All these delicious goodies went down a treat with everyone at our coffee morning, when we had a selection of 50s songs playing in the background to sing along to.

